

ORDER OF SERVICE

DATE: JANUARY 23, 2011

10:00 A.M. MEDITATION

10:30 A.M. WORSHIP SERVICE

SONG

INVOCATION

DECLARATION OF PRINCIPLES

SONG

HEALING PRAYER (BACK OF BOOK)

THE LORD'S PRAYER

SONG

SERMON: Rev MARRICE COVERSON

ANNOUNCEMENTS

OFFERING

SONG

SPIRIT GREETING

BENEDICTION

SONG

FELLOWSHIP

Inspirational Thought(s)

"And as we let our own light shine, we unconsciously give other people permission to do the same." - [Nelson Mandela](#)

Pastor:
Rev.
MARRICE COVERSON



"When you dance, your purpose is not to get to a certain place on the floor. It's to enjoy each step along the way." - [Wayne Dyer](#)

Law of the Week (Cause and Effect)

Law of Cause and Effect:

As a man thinketh in his heart so is he," applies to the physical, mental, and spiritual dimensions of one's world. There are certain well defined principles and Laws which govern our health, our wealth, our today and our tomorrow. There is no question that our thoughts and actions create, are the cause for the effect and that we reap what we sow. The basis for this Law is the Golden Rule which is stated in various ways in all religions, therefore, be kind, be loving, be of service, think good for yourself and for others, trust in God to bring you all your good and life will follow accordingly.



CHURCH OF THE SPIRIT
2651 North Central Park
Chicago, Illinois 60647
773/489-5422

Pastor:

Reverend MARRICE COVERSON,

JANUARY 23, 2011

HAPPY NEW YEAR AND NEW YOU!

ANNOUNCEMENTS

How to apply Weekly Sermons to Our Lives

Rev. Marrice Coverson's sermon titled "New Year's Resolution part 2" I wish I could sing. Is that a whim or a resolution? For me, I am not ready to spend money and time to develop my singing talents. So it is a whim for me. I am ready to spend time to be healthy, exercise, and eat right. I am ready to look at my schedule to make the decision to be healthy. So this decision is a resolution for me, not a whim. We must weigh the pros and cons of what we want to do. Before we open our mouths, think about it. I made a decision to pursue my goal of health. Our values play a great part in our lives. Values are built as we grow. How do I value life and health? In understanding our goals and resolutions, we must understand Natural Law. Natural Law (energy force) governs the Universe, not man. Natural Law is the Center point of value between right and wrong. Become grounded (centered) in the principles of GOD. How I view the world and my values are so connected to you and human force. How you view the world is how you see it. Grounded (having roots) in the principles of GOD, our belief system is the core that holds you together. Think about a tree without roots, how would it get nourishment? Think about yourself being grounded or not. How do you get your nourishment? So plant seeds of goodness- this helps you to be centered. Values help you and you are capable of doing this. Stay connected to yourself and who you are about.

Every day and moment starts a new beginning. You can always start over. Commitment does not mean you have to stick with it. You can redefine and change it. When you make a goal- what are you doing to keep it, and/or what is keeping you from your goal? Are you releasing and moving forward? Are you out of balance or out of place? Make a decision to have goals and it is up to you to redefine and change it and move forward.

Puzzled? – by Rev. Sandra Pfortmiller, NST

Puzzles are fun, relaxing and rewarding, as we see the picture unfold or figure out the clues. They are a quiet time of searching, finding and then putting the pieces/answers in place. Many people do not have the patience to look to see how a piece fits into the whole. Life is like a puzzle, unfolding as we locate various pieces, creating a soul picture. Puzzled about a situation in your life? Ask Spirit to help you put the pieces together. Some pieces will be light in color and some dark, but the various patterns and colors are necessary to create an interesting picture. Sometimes we feel like a piece of our life has gotten lost or doesn't fit in. When the problems of life puzzle you, do you ask others for help or do you ask God? Who guides you to truth? Spiritual Law is in force forever and is the key to our unfoldment and development. The Laws of the Universe are fixed, immutable and dependable, thus the rewards of the Laws are changeless and inevitable. We are spirit, or the Divine Source is in all forms of creation and all forms of creation are in Divine Source. Therefore, we can trust our inner Self, knowing it is Divinely inspired. When we view God as the Creation of all life, we understand that all situations have a reason, all belong in the design. Sometimes when something around us is upsetting, we wonder how it fits in with the journey we are traveling in life. Life is about vibration and movement. Everything is energy, yet it is said that at the highest level Infinite Intelligence/God does not move and everything is still and harmony-even Time and Space are one. If this is true, it stands to reason if we want to contact Infinite Spirit that we have to become still in body, mind and spirit. Therefore, if we want answers and direction, we must become quite, ask and listen. Spirit gave me an acronym to help guide me into attunement. **S.I.T** or remain still, quiet, **S** is for-surrender, quiet the ego, a time for Spirit. **I** is for-invite, invite a Higher Energy and your spirit helpers to be with you, ask for help. **T** is for –trust. If we request help, then we should trust what we receive or act on the advice. Surrender to spirit, trusting this energy and you will be inspired.

There are often more questions in our thoughts than answers; decisions and responsibilities to be considered. We cannot see the whole picture, so it is important to ask and trust Infinite Intelligence, the all-knowing source. Each opportunity that is offered to a person is also accompanied by the necessary energy, guidance and understanding to help them complete the lesson. Sometimes we need to rethink, unlearn, let go or release our ego blocks before we can be transformed. Often we find that our priorities move from the physical dimension to a spiritual consideration. When I have a decision that must be made, I often take a candle light bath and stay in the tub until I have received some inspiration. I used to take long walks, strolling until a decision was made. Sometimes I will list the plus and minus factors, and then while doing this, the answer would come. Another exercise is to list all of –the possible results as you see them. Then project the one that seems best. Try a steady affirmation of truth, repeating it over and over until the atmosphere clears. "I put my trust in the love and power of God," is one I often use to remind me of Universal Principles. Another truth statement is "God inspires me and shows me the way." "There is an Intelligence inside me that knows only harmony and health".

Every one in a while all my attempts to receive spirit direction bring only silence. Then if I just let it go. A bit later, when I am doing something else, the inspiration I am searching for surfaces. Spirit comes through when we let go of the fear and concern involved, which blocks our reception. Sometimes there is too much frontal brain, the intellectual element, and too little spiritual light. Usually rational thinking won't help with your puzzle as much as a prayer or affirmation of truth will, so SIT and see what happens. If we could view a puzzle that represented our life unfolding, do you think that it would continue to become more light and more uplifting picture? Most people who are striving to follow Natural Law, who practice meditation and work to commune with Spirit, who try to live in kindness, service, cooperation and love with others, are bringing in more and more light. The newsletter Tapas, from India, had some special affirmations one month that apply uplifting our lives. "We are all particles of one great light. Love is our nature. Silence is our language. Meditation is our way. The entire Creation is our family.

There are many kinds of puzzles. My mom likes crossword, my sister, circles the word and jigsaw puzzles. I like Sudoku and jigsaw puzzles. My one grandson likes magic puzzles and another likes abstract mind-boggling ideas that rack his brain. Puzzles could be thought of as something to be solved. Some approach life as though it is an enigmatic, unexplainable mystery-a quandary to be figured out. One day in meditation I asked how I could live a better life, a more spiritual life. The answer was very clear. "Just BE! and Love."

We try to create the picture of our world, but it is already written in Natural Law. If we consider that life is not a mystery to be solved, but an energy to be lived, a love to be shared, then will we enjoy what the Great Creator has presented to humanity-a life to ponder and meditate about, but not to be perplexed or rack one's brains about.

Enjoy the puzzle pieces as you discover them. Let your attunement to Spirit bring opportunities of synchronicities, which create meaning and delight. Let life this year be a series of joyous discoveries, of enlightened perceptions, of soul innovations and of spirit recognition.

- 1ST Wednesday of each month – All Message Service (7 - 9 p.m.)

- Please fellowship with us each Sunday after service, downstairs, reception area.

- If anyone knows of any available jobs, please email the information to deloneynewcomb50@sbcglobal.net we want to help our people in need. Thanks.

- To receive electronic copy of church bulletin, please provide your email address or send your information to deloneynewcomb50@sbcglobal.net

- Every Sunday, a medium will be available following service for personal readings. Donation \$20 for 15 minutes minimum

- We encourage you to visit the church's website at: www.churchofthespirit.org

- Wednesday night un-foldment class began last week at 7 p.m. sharp. All are welcome.